



Feeding Your Baby

FREE Online Nutrition Class

for parents and caregivers
of infants

Winter 2021 Schedule

January 12 th	10:30 am - 12:00 pm
January 27 th	1:30 pm - 3:00 pm
February 9 th	1:30 pm - 3:00 pm
February 24 th	10:30 am - 12:00 pm
March 9 th	10:30 am - 12:00 pm
March 24 th	1:30 pm - 3:00 pm
April 7 th	1:30 pm - 3:00 pm
April 20 th	10:30 am - 12:00 pm

A Registered Dietitian will share information and answer your questions on starting solids and first foods, textures, finger foods, timing, amounts, and more!

REGISTRATION:

- birthandbabies.com
- 403-955-1450

